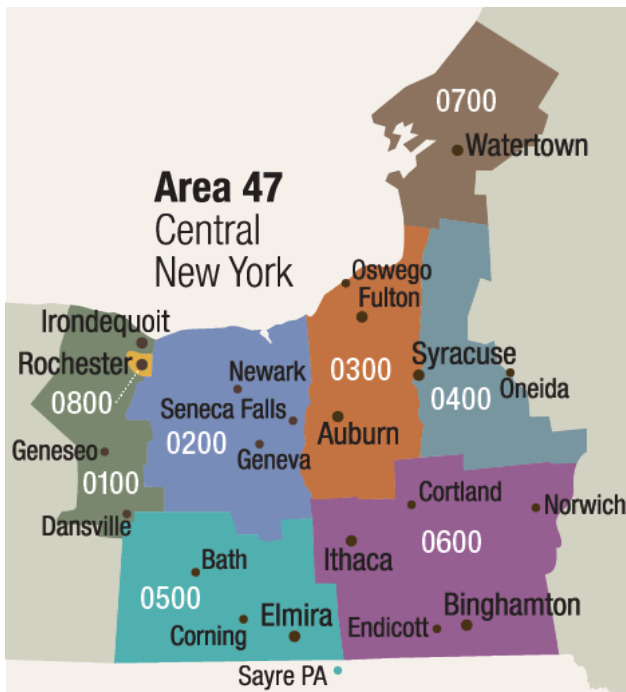


NEWSLETTER

4TH QUARTER | 2024



Rochester Districts Meeting

Every 3rd Wednesday @ 6:30pm

via Zoom

Meeting ID: 852 6860 9117

Passcode: 662157

Serving you in Districts 0800 and 0100

Please visit www.aacny.org for updated information.

Is your meeting represented?

Each April, AA as a whole comes together in New York for the General Service Conference. Thousands of groups in Canada and the U.S. send their consciences in the heart and mind of their Area Delegates — who received the input from each group's General Service Representative (G.S.R.).

When it comes to our literature, finances, and service, **is your group part of the whole?** If not, your group may consider electing a G.S.R. to join us in the fellowship of the spirit at Rochester Districts Meeting on zoom.

The future of our fellowship needs *you!*



The spirit of rotation keeps our groups running without anyone in charge, as it does in our district and in our area. Leadership in AA isn't about power, control, rules, or mandates. It's about keeping AA here for the future alcoholic who still suffers. That's what we do together each month in general service: carry the love, hope, serenity, and joy of our groups- the collective heartbeat- to AA as a whole and back home again.

Back in September of 2024, all Area 47 GSRs, DCMs, and area officers voted in our next Delegate, Cindy D. from District 0600. She was kind enough to answer a few questions back in November so that I could introduce her to you.

It has been a pleasure (and sometimes a challenge) to serve as your District 0800s & 0100s newsletter editor. I now pass the torch to Eli F. in the same spirit of rotation and thank you for keeping me sober with this commitment. -B

Rochester Voices

MEET YOUR NEW AREA 47 DELEGATE, CINDY D.

What is your sobriety date & home group?

September 23, 1990, Thursday Night McGraw

How do you hope to serve our area during your Delegation?

By effectively representing Area 47 in all my Delegate travels; being an available, approachable resource; serving in a way that attracts more people to general service; supporting the efforts of our Area trusted servants.

What inspired you to stand for the Delegate position? What got you into general service first?

I was inspired by those who served before me and the Responsibility Statement. My second sponsor said if she was going to sponsor me, then I had to get involved at Area. So I did!

What has General Service done for your spirituality? Your sobriety? Your life outside AA?

For both my spirituality & sobriety, it has taught me a lot about humility, compassion and open mindedness. Outside AA, it has helped me practice tolerance and cooperation.

How can groups best participate in the democratic conference process?

Elect a GSR and support them in their participation at Area!

Would you like me to share your email address for any inquiries?

Please share! After January 1st you can reach me at delegate@aacny.org