DAILY (as noted)
© Ithaca 7:00 am (M-Sat) Discussion
Early Bird Special, ICR Ctr. 518 W. Seneca St.
© Cortland 9:00 am (M-Sat) Discussion
Cortland Morning Group, Grace Episcopal Church, Court St., Cortland
© Ithaca 9:00 am (M-Su) Discussion
Daily Ithaca Group, ICR Ctr. 518 W. Seneca St. (2nd Sat-Speaker) (Sunday-Open mtg)
© Cortland noon (M-F) Discussion
Cortland Noon Group, Presbyterian Church
25 Church Street, Cortland
© Owego 12-noon (M-F) Discussion
Presbyterian Church, Corner of Temple St. & North Ave.
© Ithaca 12-noon (M-Sat) Discussion
Brown Baggers, ICR Ctr. 518 W. Seneca St. (M: Big Book W: Step, F: Speaker, Last Fri- Open Medallion Mtg)
© Ithaca 4:30 pm (M-Sat) Literature
One Day at A Time, ICR Ctr. 518 W. Seneca St. (Basement)
© Ithaca 5:30 pm (M-Su) Discussion (Thurs-Step)
Attitude Adjustment Hour, ICR Ctr., 518 W. Seneca St.
MONDAY (see also Daily)
© Groton 7:00 pm Discussion
Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St.
© Watkins Glen 7:00 pm 12 and 12
Watkins Glen Group, St. Mary’s Ctr., 10th St.
© Brooktondale 7:30pm Discussion
Monday Night Discussion, Brooktondale Community Center, 522-526 Valley Rd.
© McGraw 7:30pm Discussion
McGraw Last Call Group, United Methodist Church, 22 E. Main St., McGraw. (basement)
© Ithaca 8:00 pm Big Book
Monday Night Big Book Group, St Luke’s Lutheran Church, 109 Oak Ave.
© Owego 8:00 pm Discussion
St. Paul’s Episcopal Church, 117 Main St.
© Trumansburg 8:00 pm Discussion
T-burg Cayuga Group, Presbyterian Church, 69 E. Main
© Ithaca 8:00 pm Discussion
Monday Night Candlelight Group, St. John’s Episcopal Church, 210 N. Cayuga St. (Enter from Buffalo St. lot)
TUESDAY (see also Daily)
© Ithaca 12:15 pm Discussion
Campus Meeting Group, Cornell Univ., 314 Anabel Taylor Hall (academic schedule)
© Cortland 6:45 pm Beginners
Tuesday Night Downtown Group
18 Main St., Cortland
© Cortland 7:30 pm Big Book
Tuesday Night Downtown Group
18 Main St., Cortland
© Hector Chapter of AA 7:30 pm
First Presbyterian Church, 5511 NY Rt 414
Hector, NY 14841
© Interlaken 8:00 pm Discussion
Interlaken Group, St. Francis Church, Orchard St.
© Ithaca 7:00 pm Discussion
Ithaca Group, Presbyterian Church, 315 N. Cayuga St. (Enter on Court St.) (Last Tues-Open Speaker)
© Ithaca 8:00 pm 11th Step
ICR Ctr., 518 W. Seneca St.
© Watkins Glen 7:00 pm Discussion
Watkins Glen Group, St. Mary’s Ctr., 10th St.
WEDNESDAY (see also Daily)
© Ithaca 12:15 pm Discussion
Campus Meeting Group, Cornell Univ., 314 Anabel Taylor Hall
© Ithaca 1:15 pm
Double Winners: AA with Al-Anon topics
ICR Ctr., 518 W. Seneca St.
© Cortland 5:00 pm Combined AA/NA
TC3 Room 215 L, Cortland NY
© Groton 7:00 pm Step & Tradition
Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St.
© Danby 7:00 pm Step & Tradition
Danby 12 & 12 Mtg., Danby Federated Church Annex, 1859 Danby Rd. (Rt. 96B)
© Cortland 7:00 pm Discussion
Hillside Hope Group, United Methodist Church, 30 Homer Ave. (corner of Maple), Cortland. (basement)
© Watkins Glen 7:00 pm Big Book
Watkins Glen Group, St. Mary’s Ctr., 10th Street
© Ithaca 8:00 pm Beginners
Wednesday Night Beginners Group
St. John’s Episcopal Church, 210 N. Cayuga St. (Enter from Buffalo St. lot)
© Lisle 8:00 pm Discussion
Whitney Point Group, Lisle Associated Church
© Owego 8:00 pm Discussion
Keep it Simple Group, Methodist Church, 261 Main St.
THURSDAY (see also Daily)
© Ithaca 12:15 pm Discussion
Campus Meeting Group, Cornell Univ., 314 Anabel Taylor Hall
(Campus Meeting closed on University holidays)
© Homer 7:00 pm Beginners
St. Margaret’s Church, Copeland Ave.
© Ithaca 7:30 pm Li/Discussion
(Basement)
How It Works, ICR Ctr. 518 W. Seneca St.
© Reynoldsville 7:30 pm Discussion
Thinking Out Loud Mtg.
Reynoldsville Methodist Church, Rt. 227
© Ithaca 8:00 pm Discussion
Any Lengths Group, Varna Community Ctr., Rt. 366
© Ithaca 8:00 pm Discussion
Cayuga Freethinkers Group, 306 N. Aurora St
© Homer 8:00 pm Discussion
St. Margaret’s Church, Copeland Avenue
© Owego 8:00 pm Discussion
St. Paul’s Episcopal Church, 117 Main St.
© Ithaca 9:00 pm Beginners/Discussion (basement)
Young People’s Mtg, ICR Ctr. 518 W. Seneca St.
FRIDAY (see also Daily)
© Ithaca 9:00 am Discussion
Non-Compliant Meeting, Kendal at Ithaca
2230 N. Triphammer Road, Conf. Rm. A
© Dryden/TC3 3:00 pm Discussion
TC3 Meeting, 284 Campus Center (academic schedule)
© Watkins Glen 7:00 pm Discussion (Last Fri: speaker)
Watkins Glen Group, St. Mary’s Ctr., 10th St.
© Cortland 6:30 pm Beginners
Serenity Circle Group, Cortland Regional Medical Ctr., Homer Ave, Cortland
© Dryden 7:00 pm Beginners
Dryden 12 Steppers Group
Methodist Church, corner of Routes 13 & 38
© Ithaca 7:00 pm Discussion
Friday Night Women’s Group, ICR Ctr., 518 W. Seneca
© Cortland 7:30 pm Speaker
Serenity Circle Group, Cortland Regional Medical Ctr., Homer Ave, Cortland
© Candor 8:00 pm Discussion
Candor Group, St. Mark’s Episcopal, 17 Main St.
© Dryden 8:00 pm Discussion
Dryden 12 Steppers Group
Methodist Church, corner of Routes 13 & 38
© Ovid 8:00 pm Ovidian Young People of AA
Spear Lounge, Ovid Federated Church
7137 Main St., Ovid NY 14521
© Owego 8:00 pm Speaker
Back to Basics, Grange Hall, Glen Mary Drive
© Mecklenburg 8:00 pm Big Book
The Way Out Group, Methodist Church, Turnpike Rd.
© Ithaca 8:00 pm Discussion
Friday Night Men’s Group,
Unitarian Parish House, 306 N. Aurora St.
SUNDAY (see also Daily)
© Ithaca 9:00 am Discussion
New Beginnings Group, Susquehanna Railroad Station
94 Central Ave., Cortland
© Ithaca 11:00 am Discussion
Women’s One Day at a Time ICR 518 W. Seneca St
© Lansing 11:00 am Discussion
L.A. Group, Lansing Community Center, Rt. 34
(Last Sun –open mtg)
© Owego 6:00 pm Discussion
Sunday Night Group, St. Paul’s Episcopal
117 Main St, Owego
© Harford 7:00 pm Discussion
Dryden 12 Steppers Loose Caboose Meeting,
367 Route 38, Harford
© Cortland 7:00 pm Discussion
Cortland Morning Group, Presbyterian Church,
25 Church St., Cortland
© Trumansburg 7:00 p.m. Speaker
Taubhannock Group, Trumansburg Methodist Church,
Corner of Main and South Streets next to library.
© Watkins Glen 7:00 pm Discussion
Watkins Glen Group, St. Mary’s Ctr., 10th St.
© Ithaca 7:00 pm Discussion
Cayuga Freethinkers Group, 306 N. Aurora St

© Ithaca 8:00 pm Step
Sunday 12 & 12 ICR Ctr, 518 W.Seneca St.
© Moravia 8:00 pm Discussion
Moravia Group, St. Matthew’s Church, Church St.

MONTHLY
© Ithaca Intergroup Meeting
1st Tuesday 7:00 pm, Presbyterian Church, Fireside Room, 315 N. Cayuga St., Ithaca (Enter on Court St.)
Email: ithacaintergroup@aacny.org
© Public Information Committee Meeting
2nd Tuesday 7:00 pm, Presbyterian Church, Fireside Room, 315 N. Cayuga St., Ithaca (Enter on Court St.)
Email: ithacapic@aacny.org
© Institutions Committee Meeting
Last Tuesday 7:00 pm, Presbyterian Church, Fireside Room, 315 N. Cayuga St., Ithaca (Enter on Court St.)
Email: ithacainstitutions@aacny.org
© Area Assembly
2nd Sunday
http://aacny.org/wordpress/area-assembly-location/
© District Meeting – Ithaca Area 0670/0680
1st Wednesday
7:00 pm Ithaca Community Recovery Center
518 W. Seneca St., Ithaca
© GSR Meeting – Tioga County Area 0660
1st Sunday
5:00 pm St. Paul’s Episcopal Church, 117 Main St., Owego

Alcoholics Anonymous
Meeting List
Ithaca, NY and surrounding areas
Last updated: September 2018
Ithaca Intergroup
PO Box 43 Ithaca, NY 14851
For information call:
Ithaca 607-273-1541
Cortland 607-753-1344
Binghamton 607-722-5983
Elmira 607-737-6733
Tioga/Owego 800-307-4285

© Open Meeting, All are welcome.
© Closed Meeting, AAs & Problem Drinkers only.
© Wheel chair accessible.
ICR: Ithaca Community Recovery
518 W. Seneca St. Ithaca NY 14580
All meetings are non-smoking

AA Preamble
Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution, does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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New York AA meetings: http://ny-aa.org
Central NY meetings: http://aacny.org/meetings
Send changes to: Meetings14850@gmail.com