**ZOOM ONLY MEETINGS (cont’d)**

**FRIDAY (See also Daily)**

9 a.m. Kendal Non-Compliant  
Zoom ID 842 691 440, password 852913

7 p.m. Friday Night Women’s Meeting  
Zoom ID 994 8462 7728. Contact 518Fridaynight@gmail.com for password

8 p.m. The Way Out in Zoom  
Zoom ID 971 2206 2449, password Big Book

**SATURDAY (See also Daily)**

9:15 a.m. History Lights the Way  
Zoom ID 925 8421 6466, password 712313

1:30 p.m. Double Winners  
Zoom ID 525 140 048, password 601091

8 p.m. Saturday Night Live  
Zoom ID 161 605 895, password 498713  
2nd Sat. Medallion, 4th Sat. Speaker

8 p.m. Trumansburg Cayuga Group  
Zoom ID 263 109 5539, password Honesty1

**MONTHLY SERVICE MEETINGS – ZOOM ONLY**

**Ithaca Intergroup Meeting**  
1st Tuesday 7:00 pm,  
Zoom ID 951 2009 8860, password BillsStory  
Email: ithacaintergroup@aacny.org

**Public Information Committee Meeting**  
2nd Tuesday 6:45 pm,  
Zoom ID 919 4020 6492, password PalofBob  
Email: ithacapi@aacny.org

**Institutions Committee Meeting**  
Last Tuesday 7:00 pm  
Zoom ID 913 2281 1059, password 12Steps  
Email: ithacainstitutions@aacny.org

---

**MONTHLY SERVICE MEETINGS (cont’d)**

**Area Assembly - Area 47, 1st Sunday**  
Zoom ID 862 8547 4266, password 419896

**District 0670/0680 Meeting**  
1st Wednesday  
Zoom ID 956 5746 5446, password 977012

Phone Numbers:

---

**Alcoholics Anonymous**  
**Meeting List for Ithaca**

*Last updated: May 2021*

Ithaca Intergroup  
PO Box 43, Ithaca, NY 14851

**For local information call:**
   - Ithaca 607-273-1541  
   - Cortland 607-753-1344  
   - Tioga/Owego 800-307-4285

This listing contains information on meetings that are 1) meeting in person, 2) hybrid meetings that meet in person and on Zoom, or 3) meet on Zoom only.
IN-PERSON AND HYBRID MEETINGS

SUNDAY
7 a.m. Early Birds. Stewart Park, Pavilion by playground.
9 a.m. Daily Ithaca Group H / C ICR* and Zoom ID 813 0352 9023. Contact dailyithacagroup@gmail.com for password. 1st Sunday Anniversary meeting

MONDAY
Noon Brown Baggers H / C ICR* and Zoom ID 401 348 5321, Password 956109
5:30 p.m. Attitude Adjustment Hour IP/C ICR*

THURSDAY
9 a.m. Daily Ithaca Group H / C ICR* and Zoom ID 813 0352 9023. Email dailyithacagroup@gmail.com for password.
4:30 p.m. One Day at a Time H / O ICR* and Zoom ID 854 9089 1468, password PalofBob
8 p.m. Any Lengths Group IP / O Varna Community Center
9 p.m. Young People’s (3rd Thurs. only) H / O ICR* Zoom ID 834 6314 326 password bigkids

IN-PERSON AND HYBRID MEETINGS (cont’d)

FRIDAY
5:30 p.m. Attitude Adjustment Hour IP / C ICR*
8 p.m. The Way Out Group O Methodist Church, Turnpike Rd, Mecklenberg

SATURDAY
5:30 p.m. Attitude Adjustment Hour IP / C ICR*

ZOOM ONLY MEETINGS

DAILY
7 a.m. Early Birds (M-Sa, Sunday IP only) C Zoom ID 892 9612 8710, password 349356
9 a.m. Daily Ithaca Group (M-W, Sat., Hybrid Sun & Thurs.) 2nd Sat. Speaker C Zoom ID 813 0352 9023. Contact dailyithacagroup@gmail.com for password.
Noon Brown Baggers (Hybrid Mon.) C Zoom ID 401 348 5321. Contact noonbrownbaggers@gmail.com for password
12:15 p.m. Campus Group (M, T, W, Thurs) O Zoom ID 805 448 871, password 852913
4:30 p.m. One Day at a Time (Sun-Sat, Thurs. Hybrid) O Zoom ID 854 9089 1468, password PalofBob
5:30 p.m. Attitude Adjustment O Zoom ID 620 835 750, password 451149 Thurs. Big Book
11 a.m. Women's One Day at a Time O Zoom ID 821 255 775, password womens11
11 a.m. LA Group C Zoom ID 896 045 70521, password 550114

ZOOM ONLY MEETINGS (cont’d)

Noon Step Action C Zoom ID 716 9742 7943, password SA20
5:30 Attitude Adjustment Hour C Zoom ID 620 835 750, password 451149
7 pm. Taughannock Group O Zoom ID 979 5012 5514
8 p.m. Sunday Night 12 & 12 C Zoom ID 840 9217 7497, password 2000954

MONDAY (See also Daily)
7 p.m. Brooktondale Group O Zoom ID 949 464 8346 (no password needed)
8 p.m. Monday Night Big Book O Zoom ID 121 574 455
8 p.m. Trumansburg Cayuga Group O Zoom ID 283 109 5539, password Honesty1

THURSDAY (See also Daily)
8 p.m. Cayuga Freethinkers O Zoom ID 277 932 951, password Free
9 p.m. Young People's (3rd Thursday Hybrid) O Zoom ID 834 6314 326, password bigkids