

DAILY(as noted)

© **Ithaca 7:00 am (M-Sat) Discussion** ☩

Early Bird Special, Ithaca Community Recovery Ctr.
518 W. Seneca St.

ξ **Cortland 7:30 am (M-Fri) Discussion, Meditation**

Wed Sobriety Station 88 Central Av Cortland

ξ **Cortland 9:00 am (M-Sat) Discussion** ☩

Cortland Morning Group, Grace + Holy Spirit Church,
13 Court St., Cortland

© **Ithaca 9:00 am (M-Su) Discussion** ☩

Ithaca Morning Mtg., Ithaca Community Recovery Ctr.
518 W. Seneca St. (Last Sat-Speaker) (Sunday-Open mtg)

ξ **Cortland noon (M-F) Discussion 12 Noon**

Cortland Noon Group, United Presbyterian Church
25 Church Street, Cortland

ξ **Owego 12-noon (M-F) Discussion** ☩

Presbyterian Church, Corner of Temple St. & North Ave.

© **Ithaca 12-noon (M-Sat) Discussion** ☩

Brown Baggers, Ithaca Community Recovery Ctr.
518 W. Seneca St. (Mon- Big Book Weds- Step, Fri-
Speaker, Last Fri- Open Medallion Mtg)

ξ **Ithaca 4:30 pm (M-F) Literature** ☩

One Day At A Time, Ithaca Community Recovery Ctr.
518 W. Seneca St. (Basement)

© **Ithaca 5:30 pm (M-Su) Discussion**

Attitude Adjustment Hour,
Ithaca Community Recovery Ctr., 518 W. Seneca St.
(Thurs- Step)

MONDAY (see also Daily)

© **Groton 7:00 pm Discussion** ☩

Groton Valley Serenity Group, Groton Community
Church, 204 E. Cortland St.

© **Watkins Glen 7:00 pm 12 and 12** ☩

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ **Brooktondale 7:30pm Discussion** ☩

Monday Night Discussion, Brooktondale Community
Center, 522-526 Valley Rd.

ξ **McGraw 7:30pm Discussion**

McGraw Last Call Group, United Methodist Church,
22 E. Main St., McGraw. (basement)

ξ **Ithaca 8:00 pm Big Book**

Monday Night Big Book Group, St Luke's Lutheran
Church, 109 Oak Ave.

ξ **Owego 8:00 pm Discussion**

St. Paul's Episcopal Church, 117 Main St.

ξ **Trumansburg 8:00 pm Discussion** ☩

T-burg Cayuga Group, Presbyterian Church, 69 E. Main

© **Ithaca 8:00 pm Discussion**

Monday Night Candlelight Group, St. John's Episcopal
Church, 210 N. Cayuga St. (Enter from Buffalo St. lot)

TUESDAY (see also Daily)

ξ **Ithaca 12:15 pm Discussion** ☩

Campus Meeting Group, Cornell Univ,
314 Anabel Taylor Hall
(Campus Meeting closed on University holidays)

ξ **Cortland 6:45 pm Beginners**

The Downtown Group, 18 Main St, Cortland

© **Cortland 7:30 pm Big Book**

The Downtown Group, 18 Main Street Cortlandξ

© **Ithaca 7:00 pm Discussion** ☩

Ithaca Group, Presbyterian Church, 315 N. Cayuga St.
(Enter on Court St.) (Last Tues-Speaker)

ξ **Watkins Glen 7:00 pm Discussion** ☩

Watkins Glen Group, St. Mary's Ctr., 10th St

Interlaken 8:00 pm Discussion

Interlaken Group, St. Francis Church, Orchard St.

© **Ithaca 8:00 pm 11th Step** ☩

Ithaca Community Recovery Ctr., 518 W. Seneca St..

WEDNESDAY (see also Daily)

ξ **Ithaca 1:15pm**

Double Winners: AA with AI-Anon topics
Ithaca Community Recovery Ctr., 518 W. Seneca St.

ξ **Groton 7:00 pm Step & Tradition** ☩

Groton Valley Serenity Group, Groton Community
Church, 204 E. Cortland St.

ξ **Danby, 7:00 pm Step & Tradition** ☩

Danby 12&12 Mtg., Danby Federated Church Annex,
1859 Danby Rd. (Rt. 96B)

ξ **Cortland 7:00 pm Discussion 1st Wed Step last Wed**

Candlelight Hillside Hope Group, United Methodist
Church, 30 Homer Ave.(corner of Maple) Cortland.

\\© **Watkins Glen 7:00 pm Big Book** ☩

Watkins Glen Group, St. Mary's Ctr., 10th Street

ξ **Ithaca 8:00 pm Beginners**

Wednesday Night Beginners Group
St. John's Episcopal Church, 210 N. Cayuga St.
(Enter from Buffalo St. lot)

ξ **Whitney Point 8:00 pm Discussion**

Whitney Point Group, Whitney Point United Methodist
Church 7311 Collins St

© **Owego 8:00 pm Discussion**

Keep it Simple Group, Methodist Church, 261 Main St.

THURSDAY (see also Daily)

ξ **Ithaca 12:15 pm Discussion** ☩

Campus Meeting Group, Cornell Univ,
314 Anabel Taylor Hall
(Campus Meeting closed on University holidays)

ξ **Homer 7:00 pm Beginners** ©**8:00 Closed Discussion**

St. Margaret's Church, 14 Copeland Ave.

ξ **Ithaca 7:30 pm Lit/Discussion** ☩

How It Works, Ithaca Community Recovery Ctr.
518 W. Seneca St. (Basement)

ξ **Reynoldsville 7:30 pm Discussion**

Thinking Out Loud Mtg,
Reynoldsville Methodist Church, Rt. 227

ξ **Ithaca 8:00 pm Discussion** ☩

Any Lengths Group, Varna Community Ctr., Rt. 366

ξ **Ithaca 8:00 pm Discussion**

Cayuga Freethinkers Group, 306 N. Aurora St

© **Homer 8:00 pm Discussion**

St. Margaret's Church, Copeland Avenue

© **Owego 8:00 pm Discussion**

St. Paul's Episcopal Church, 117 Main St.

ξ **Ithaca 9:00 pm Beginners/ Discussion**

Young People's Mtg, Ithaca Community Recovery Ctr.
518 W. Seneca St. (basement)

FRIDAY (see also Daily)

© **Ithaca 9:00 am Discussion** ☩

Non-Compliant Meeting, Kendal at Ithaca
2230 N. Tripphammer Road, Conf. Rm. A

© **Dryden/TC3 3:00 pm Discussion**

TC3 Meeting, 284 Campus Center (academic schedule)

© **Watkins Glen 7:00 pm Discussion** ☩

Watkins Glen Group, St. Mary's Ctr., 10th St.
(Last Friday- speaker)

ξ **Cortland 6:30 pm Beginners**

Serenity Circle Group, Cortland Regional Medical Ctr,
Homer Ave, Cortland

ξ **Dryden 7:00 pm Beginners** ☩

Dryden 12 Steppers Group
Methodist Church, corner of Routes 13 & 38

© **Ithaca 7:00 pm Discussion** ☩

Friday Night Women's Group,
Ithaca Community Recovery Ctr., 518 W. Seneca St.

ξ **Cortland 7:30 pm Speaker**

Serenity Circle Group, Cortland Regional Medical Ctr.,
Homer Ave, Cortland

ξ **Candor 8:00 pm Discussion**

Candor Group, St. Mark's Episcopal, 17 Main St.

ξ **Dryden 8:00 pm Discussion** ☩

Dryden 12 Steppers Group
Methodist Church, corner of Routes 13 & 38

ξ **Owego 8:00 pm Speaker** ☩

Back to Basics, Grange Hall, Glen Mary Drive

ξ **Mecklenburg 8:00 pm Big Book** ☩

The Way Out Group, Methodist Church, Turnpike Rd.

© **Ithaca 8:00 pm Discussion**

Friday Night Men's Group,
Unitarian Parish House, 306 N. Aurora St.



Alcoholics Anonymous Meeting List

Ithaca, NY and surrounding areas

Last updated May 2, 2017

Ithaca Intergroup
PO Box 43 Ithaca, NY 14851

For information call:

Ithaca	607-273-1541
Cortland	607-753-1344
Binghamton	607-722-5983
Elmira	607-737-6733
Tioga/Owego	800-307-4285

ξ Open Meeting, All are welcome.
 © Closed Meeting, AAs & Problem Drinkers only.
 ♿ Wheel chair accessible.
All meetings are non-smoking

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution, does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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New York AA meetings: <http://ny-aa.org>
 Central NY meetings: <http://aacny.org/meetings>
 Send changes to: Meetings14850@gmail.com

SATURDAY (see also Daily)

© Ithaca 9:10 am Literature Discussion ♿

History Lights the Way, St. Catherine of Siena Church, Parish Hall, left parking lot
302 St. Catherine Circle (off Hanshaw Rd)

© Watkins Glen 9:30 am Discussion ♿

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ Ithaca 1:15pm

Double Winners: AA with AI-Anon topics
Ithaca Community Recovery Ctr., 518 W. Seneca St.

ξ Groton 7:00 pm Discussion ♿

Groton Valley Serenity Group, Groton Community Church, 204 E. Cortland St. (3rd Saturday- Speaker mtg)

ξ Owego 7:00pm Beginners

Keep the Plug in the Jug Group
1st Union Presbyterian Church, 111 Temple St, Owego
(First Sat-12 & 12, Last Sat-speaker)

ξ Cortland 7:30 pm Discussion ♿

United Presbyterian Church, Church St.

ξ Ithaca 8:00 pm Discussion ♿

Saturday Night Live, Ithaca Comm. Recovery Ctr., 518 W. Seneca St. (2nd Sat- Medallion, 4th Sat-speaker)

ξ Trumansburg 8:30 pm Discussion ♿

T-burg Cayuga Group, Presbyterian Church, 69 Main St.

SUNDAY (see also Daily)

ξ Cortland 9:00 am Discussion

New Beginnings Group, American Red Cross Bldg, 111 Port Watson St. Cortland, 2nd flr. (door locks at 9:05)

ξ Cortland 9:15 am Beginners ♿

Access to Independence Bldg, 26 N. Main St. Cortland

©Ithaca 11:00 am Discussion

Women's One Day at a Time Group
Ithaca Community Recovery 518 W. Seneca St

© Lansing 11:00 am Discussion

L.A. Group, Lansing Community Center, Rt. 34
(Last Sun –open mtg)

ξ Owego 6:00 pm Discussion ♿

Sunday Night Group, St. Paul's Episcopal
117 Main St, Owego

ξ Harford 7:00 pm Discussion

Dryden 12 Steppers Loose Caboose Meeting,
367 Route 38, Harford

ξ Cortland 7:00 pm Discussion ♿

Cortland Morning Group, Grace Episcopal Church,
Court St., Cortland

ξTrumansburg 7:00 p.m. Speaker

Taughannock Group, Trumansburg Methodist Church,
Corner of Main and South Streets next to library.

ξWatkins Glen 7:00 pm Discussion ♿

Watkins Glen Group, St. Mary's Ctr., 10th St.

ξ Ithaca 7:00 pm Discussion

Cayuga Freethinkers Group, 306 N. Aurora St

ξNewfield 7:30 pm Discussion ♿

Covered Bridge Group
First Methodist Church, 227 Main Street

© Ithaca 8:00 pm Step ♿

Sunday 12 & 12
Ithaca Community Recovery Ctr, 518 W.Seneca St.

© Moravia 8:00 pm Discussion

Moravia Group, St. Matthew's Church, Church St.

MONTHLY

© Ithaca Intergroup Meeting

1st Tuesday 7:00 pm, Presbyterian Church, Fireside Room,
315 N. Cayuga St., Ithaca (Enter on Court St.)

© Public Info. Committee Meeting

2nd Tuesday 7:00 pm, Presbyterian Church, Fireside Room,
315 N. Cayuga St., Ithaca (Enter on Court St.)

© Institutions Committee Meeting

Last Tuesday 7:00 pm, Presbyterian Church, Fireside
Room, 315 N. Cayuga St., Ithaca (Enter on Court St.)

Email: ithaca_institutions@yahoo.com

© Area Assembly

2nd Sunday
Location to be announced (contact your GSR or DCM)

© District Meeting – Ithaca Area 0670/0680

1st Wednesday
7:00 pm Ithaca Community Recovery Center
518 W. Seneca St., Ithaca

© GSR Meeting – Tioga County Area 0660

1st Sunday
5:00 pm St. Paul's Episcopal Church,
117 Main St., Owego

Phone Numbers:
